

Celebrate Mom and Dad Year-Round!

# Give the Gift of Health

**Nothing is more important than the health and well-being of loved ones.** Remind your parents and parents-in-law that they can call Health Advocate too! You can also reach out to us on their behalf. Your spouse and dependent children are eligible as well. There's no cost to use the program; it's paid for by your employer or plan sponsor.



## The many ways we can help

Your Health Advocate program provides your family with a Personal Health Advocate who can:

- ✓ Find doctors and specialists
  - ✓ Help schedule appointments
  - ✓ Address medication issues
  - ✓ Explain Medicare
  - ✓ Resolve claims issues
  - ✓ Locate in-home care, assisted living, long-term care
  - ✓ Negotiate medical bills
  - ✓ Secure second opinions
- And much more!

## Turn to Us!

**We can help in many ways.  
Just contact us anytime.**



**866.799.2728**

Visit us online at:  
[HealthAdvocate.com/members](http://HealthAdvocate.com/members)

**HealthAdvocate<sup>SM</sup>**